Earth and gather thirteen stones. These can come from a river, your garden, or a local park. Find a place in nature where you can create a medicine circle such as under a tree in your garden or in wildland near your home. If being outdoors is not an option, you can form your stone circle in your home. It can even be a small circle placed on your windowsill or on a bedside table.

One at a time, hold each stone in your palms, and breathe into the stone your intentions for each month going forward into 2026. Then place the stone on the circle. As an example, you might choose to infuse your January stone with love, peace, well-being, and joy. You might infuse your February stone with the desires you wish to manifest in 2026. Take time with each stone, and pray into it your love, desires, and intentions. Your breath connects with your higher power and spirit helpers, so as you fill a stone with your breath, you infuse it with your spirit.

After infusing the twelve stones and placing them on the circle, the one that is left is your soul-source stone that connects with your higher power and grounds wisdom-keeper energy into the earth. Place that stone in the middle of the circle, and imagine standing in the medicine wheel with me, White Buffalo Calf Woman, as the white-light shaft of your divinity streams into your crown chakra.

As 2026 unfolds, revisit your stones at the beginning of each month. Take some time with the stone you chose for that month, infusing it with prayers and love.

Your future awaits, and this ceremony is an opportunity to reclaim your power and state your intentions for the next year of your life. The power of prayer and direct revelation will remind you of your divine wisdom. It is good medicine to intentionally connect with the land, and this will support you in doing that.

Call on me. You will see me in the blue sky, feel me with the kiss of a breeze on your cheek, hear me in the song of a blackbird, and smell me in the rich earth. I am with you as you make your Earth journey.

Therese Dorer *lives in British Columbia, Canada. As a spiritual consultant for twenty-four years, her gifts include clairvoyance, mediumship, and shamanic healing. Therese loves to teach others about the power of earth-based medicine, and she feels honored to connect with the masters who come to her with words of wisdom. To learn more about her practice, visit CrystalClearInsights.ca.*

As the World Churns

Ellyn Dye with the Lion People



If you've been feeling like the world as you knew it has been tossed into the blender (possibly with the top left off), you are not alone! The world, indeed, has been churning with change, as it moves out of the old energies and into the new. This transition has been prophesied and foretold for centuries. It is necessary. It is inevitable. It has been universally yearned for. And it is the path to the Golden Age. But it is also chaotic and challenging, and it isn't over.

The chaos and churning of 2025 spills over into the winter of 2026, and then it continues into the year as humanity turns the tide and begins to choose a new timeline. Be happy this is happening, but don't breathe a sigh of relief yet.

As the (great) shift hits the fan in earnest, these are exciting times even though many would not use the word "exciting." Challenging? Yes. Scary? Yes. Unnerving? Yes. Unprecedented? Yes. Unpredictable? Yes. But these times can also be empowering, invigorating, and renewing.

If you are experiencing "change fatigue," try to rest and pace yourself, because although the tide has definitely turned, the breaking down of the old ways will continue for some time. Take a deep breath, get plenty of sleep, practice being flexible, and let go of the outcome. As the world moves into uncharted energetic territory, "unprecedented" and "unpredictable" will be keywords, and those who cling to the past in any way do so at their own peril.

Last year, a 9 year in numerology, brought big endings, and this year, a 1 year, brings new beginnings. These will be totally new beginnings, not necessarily built on the old foundations but built on new ideas and innovations and new desires for the support of all. In fact, the old foundations are crumbling, and the new beginnings have barely been imagined in the collective yet.

Much of the chaos, uncertainty, and upset of the past couple of years, which peaked in 2025, resulted from the increasing breakdown of traditional systems, institutions, and governments. Most of the breakdown has been behind the scenes, but the gradual shift away from the status quo and the norms has been felt on deep levels. The breakdowns will continue to escalate throughout the year and become more obvious.

Treasured ideas of how life works, how things are

done, and how things *should* be will continue to fall apart and fail to work. As the vibration of humanity continues to rise, the veils become thinner. People are able to see and understand more, and more is being revealed. Activities and attitudes that have been covered or concealed in darkness for decades (if not centuries) are being exposed, as if long-submerged wrecked ships buried under the oceans suddenly pop up and float to shore for all to see. In the new energy of truth and authenticity that grows this year, the trickle of revelations will become a gusher, and the dots will suddenly connect, revealing a bigger, darker picture than anyone ever expected.

Cherished illusions are going to shatter, people who enjoyed being put on pedestals will fall, heroes will be shown to have clay feet, sacred cows will be slaughtered, and treasured beliefs will be proved false. The centuries-old mechanisms and systems of corruption, control, manipulation, and propaganda will be revealed, and the strategies of divide-and-conquer will be obvious and, therefore, broken.

Like homeowners standing in the middle of the rubble left after a tornado blew through their homes, humanity will stand, horrified, as it surveys the wreckage and grieves its losses. Then it will come together, assess the situation, and begin planning to build the new world that most people have been yearning for: one that supports everyone rather than just the few.

With the strong Uranian/Aquarian energies, sudden, unexpected events and massive shifts of perspective are expected. There might be last-straw and major "aha!" moments that turn the tide, and people will be left wondering: "What now?"

What, indeed? The answer to that will be the theme of 2026. Given the energies, the choices of "what now?" are endless, and many options will be embraced. In the midst of breakdown, there will be amazing and wonderful breakthroughs, as humanity rises like the phoenix from the ashes of what came before.

Major Planetary Shifts Will Settle

The big changes that brought much of the turmoil to a crescendo in 2025 were the sign changes of the three outer planets — Pluto, Neptune, and Uranus — that took place within 8 months of each other. While Pluto is now in Aquarius until 2043, Neptune and Uranus briefly entered their new signs, rolled back into their previous signs, and will finally enter their new signs — Aries and Gemini — in January and April. Once all three are firmly established in their new signs, the energies will begin to settle and gain momentum.

Each of these new placements brings a sea change of inner experience and understandings for humanity. They affect humans on deep subconscious levels, bringing big changes in perspective. And these deep changes in perspective will organically create huge changes in the outer world.

Such massive changes in perspective can bring conflict, because long-standing traditions will be viewed differently and perhaps no longer accepted by many; though, many will continue to cling to them. Each of these planetary sign changes carries an echo of past wars, so fractiousness and conflict are to be expected as the people step into their power and refuse to continue being abused. Time will tell how that will play out.

Pluto in Aquarius has pulled the energetic rug out from under the consolidation of wealth and power it highlighted while in Capricorn (the rise of the oligarchy) and is now supporting the power of the people. But the people must now claim their power and use it — wisely!

Expect the protests to continue and grow as people on both sides of the political divide finally put their differences aside, recognize that they all want the same things, and join together to make their demands for a better life while they oust those who would continue to oppress them.

Congratulations, Your Prayers Have Been Answered!

Make no mistake. This is what the world has been praying for. The sages said, "Be careful what you wish for because you might get it." The millions of prayers for change over many years have been answered — they were always answered, and they always will be answered — but perhaps the changes are not exactly as envisioned.

Most people envisioned changes for the better in their own lives or those of loved ones, and many envisioned changes for those suffering in the world. But changes in specific situations or circumstances were never going to bring about the true change that has been wanted and needed.

At some point, everyone will see that slapping a coat of paint on a mold-ridden wall was never going to do it. Total demolition is needed in order to truly rebuild better (or move away and start a new life somewhere else).

It's Time to Dream Big!

Now is the time to dream big. The energies of manifestation are ripe, and manifestation of anything that serves the greater good will be supported, as the past is quickly flying out the back door.

Whether it is human nature or the result of human programming, most have been conditioned to focus on what has been lost rather than on what better circumstances might come. Most have been conditioned to focus on worst-case scenarios and negative "what-ifs?" rather than seeing that the closing of any door is an opportunity to turn and see another door opening.

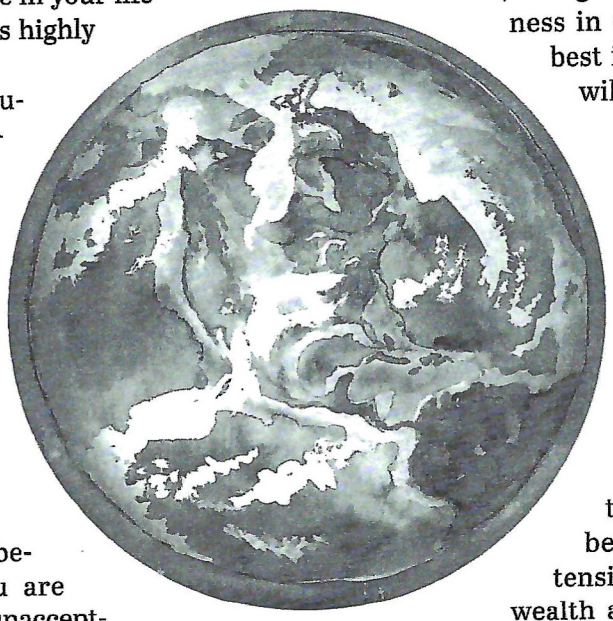
Now is the time to overcome that conditioning and

focus on what could be (as in, what wonderful things could be). The sky is the limit if only you can face the future with an open heart, an open mind, optimism, and trust in the universe.

Just Relax and Let Go

A major key to navigating these continuing changes is to let go. Let go of the fear of change, the fear of the unknown, and the fear of yourself and each other. Stop believing that change is hard and bad, that it will be painful or damaging. Begin to see that change brings exciting new opportunities.

Yes, it's disorienting to see beliefs and ideals, cultural and societal norms, and even the basic understandings of things falling away, especially when the new ways are not yet in focus. If you feel disoriented and anxious, focus on what you would love to see in your life and in the world. Daydreaming is highly recommended.



Let go of the notion that humans are powerless victims needing a savior. Now is the time to recognize the power of the human spirit, which is fueled by the Divine. Now is the time to step into that power and use it for the greater good to create a better world not only for yourself but for everyone. Let go of the belief in lack and the idea that there isn't enough to go around.

Let go of the old, limiting beliefs about yourself: that you are unworthy, flawed, unlovable or unacceptable, and unable to change your life. Take the time to discover who you truly are, and embrace all the parts of yourself, including the parts that you've been trained to dislike. Know and love yourself, and you can no longer be controlled. And when you know yourself, you can courageously express your essence in the world, which is the very thing you came here to do.

Let go of the drama — in the world and in your life — and claim peace. The world will take care of itself. You don't have the ability to heal it, and it's not your job. Focus, instead, on yourself and your life, and make it the best life that you can.

Let go of the illusion of control, that one can and must control everything. Not only is that impossible but the attempt is self-sabotaging and limiting, because that can only produce what your mind already knows to exist rather than something new, amazing, and wonderful. Give up control and allow the universe to guide and flow through you and be astonished at the amazing results.

Let go of the outcome. Similar to trying to control, envisioning the specifics of the outcome you want can be limiting because the mind will place limits on what it thinks it can have. Why have limits? Is it just because you can't imagine something better, don't believe that it's possible, or think you can't have it?

Focus on the essence of what you want, and let the universe worry about the details. Put your desires out to the universe (that is, place your order for the life you would love to have), let go of the outcome, and let the universe provide something surprising and wonderful — custom-made for you! But beware: It may come in a way, shape, or form that you never imagined. When you receive it (*if* you notice it), you will realize that it is more perfect than anything you could have arranged.

Finally, let go of animosity and fear, and step into love, recognizing commonalities and kindness in others. When you look for the best in others, most of the time, you will find it.

Choose Your Timeline Now

So what will be coming in 2026? More tumult and chaos is coming, as the old systems and institutions continue to crumble and as people release old, outdated beliefs, thought patterns, and habits of behavior. There will be massive revelations of corruption, governments being overturned, and increased tensions as those with consolidated wealth and power make desperate last attempts to hold on to what they've had.

Concurrently, earth and weather events will test humanity's resources and resolve. While these will likely cause destruction and hardship, the people will put aside their differences and come together to help and support each other.

The Uranian/Aquarian influences will also bring huge, unimaginable innovations in technology and medicine. Expect new inventions, interventions, and cures to support humanity and Earth.

Everyone on the planet is in the act of choosing a timeline throughout this year. Be careful what you choose because you will live with the result. If you don't choose a higher timeline, you will likely regret it. If you continue to cling to fear, you will continue to live in a world of fear. If you continue to cling to drama, you will live in drama long after the thrill of it is gone and the adrenaline has dissipated.

A better life — and a better world — begins with

each individual and the choices each one makes in every given moment. This is not a choice that can be made once and forgotten. It is a choice that must be made every day.

If you want peace, choose to live in peace. If you want love, choose to live with love in your heart and mind. If you want respect and acceptance, respect and accept others. The more consistently you make these choices, the sooner and more consistently your reality will reflect and embody them. It really is that simple.

Every single person on the planet came here on purpose to be here at this time to experience this amazing transformation of humanity and the world. You not only signed up for this but also volunteered to be here. Some of you even slept outside the box office the night before to secure your tickets.

It's all up to you now, and this is the year to choose. Yes, life this year will be challenging, tumultuous, unpredictable, and astonishing. But claim your power, dream big, and step into joy. You've got this.

Ellyn Dye *is an author, intuitive coach, motivational speaker, and Reconnective Healing practitioner. She appears in the documentary* Back from the Light *about the aftereffects of NDEs and has been interviewed on* Next Level Soul, JeffMara, *and* Wisdom from North. *Ellyn is also the author of* The Search for the Crystal Key, *a metaphysical fantasy novel. Watch her podcast interviews and learn more about Ellyn, her NDE, and her products and services at LionMagic.com.*

Fill Your Field with Love

Angel Raphel Through Adria Estribou



This is Angel Raphael. We want to give a sneak peek for humankind here because many of you are eager to have a different type of reality on Earth, and we see waves opening up already, especially in this coming year. We want you to be alerted to, "All right, some people want this experience. I might need to hold on to something," because things could move very fast.

We spent quite some time energetically with you working on the fluidity and movement of the New Earth so that you could anchor into your heart space what you want and not be taken over with the historic momentum of what's going on. There's always exceptions to the rule, and if you don't like what's coming, you can opt out in various ways. Many of you will delight in what we have to say. We don't mean that what we have to say is negative. But we did start with free will and your individual desire first in the energetics so that you can lean into that strength of navigating the currents of energy in the places where it feels best to you. Eventually you will come into mastery where you create the playing field.

Life on Other Planets Unveiled

On Earth, there has been this game going on for quite some while where you come to believe that there's no such thing as other life. There's just life here on Earth and maybe some microbes on different planets. But this is it. This is where life is. From an angelic perspective, that's objectively false.

This coming year, what you will see on Earth is the unveiling of many different galactic life forms with the potential to coexist with humankind. By "coexist," we mean maybe they will have their own village up in a spaceship. It doesn't affect housing costs on Earth. But sure, they'd like to be able to come down and have a picnic, share some technological advances, talk about health and healing, and go back up, something like that. Maybe it's on the crest, the surface, of Earth where humans live now. Maybe it's inside. All that is yet to be determined and largely peaceful.

The intent is cooperative, and this must propel humankind into a different technological age. By "technological," we don't necessarily mean machines, but advancement in health and healing, environmental solutions, and so on have arrived in the form of these very highly intelligent galactic beings who wish to, in a friendly way, interact with humans on Earth. That's up to you.

You can pretend this is not real. That's been the game for quite a while. Or you can just wish to not be a part of it: "Okay, I'm on board for the wider picture of things getting better, but I feel a little scared about it. I want to be one of the last ones to have a direct experience." That's how you navigate with your free will. You might want to be one of the first ones to have an encounter, perhaps have a cup of tea with an alien.

Seesaw from Racism to Welcome

Regardless of your individual standpoint, there is much change for humankind right now that if you were to look back over 100 years, you might say: "Ah, yes, 2026 is when the galactic beings started publicly showing up." Now, there have been those, for many generations, who have passed down stories of these encounters. They're